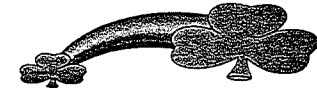


122 Starr Rd, Spring Arbor, MI
 517-750-1010
 M-F, 9:45am-1:45pm, Meal at noon
 Shimone Glaspie Senior Center Specialist

Spring Arbor Senior Center–The Gathering Place



MARCH 2018



Su	Mon	Tue	Wed	Thu	Fri	Sa
				1 10-11:15 Line Dance	2 10:15-11:15 <u>Fit After 50</u>	3
4 10-12 Carving 10:15-11:15 <u>Fit After 50</u>	5	6 10-11 Yoga	7 Birthday Party today 10-12 Knit/Crochet 10:15-11:15 <u>Fit After 50</u> 11:30-12:15_BP with Nurse 11:15-12 Eat Smart, Live Strong	8 10-11:15 Line Dance	9 10-12 Acrylic Painting 10:15-11:15 <u>Fit After 50</u>	10
11 10-12 Carving 10:15-11:15 <u>Fit After 50</u>	12	13 10-11 Yoga	14 10-12 Knit/Crochet 10:15-11:15 <u>Fit After 50</u> 1-2 Advisory Board 11:15-12 Eat Smart, Live Strong	15 10-11:15 Line Dance	16 10:15-11:15 <u>Fit After 50</u>	17
18 10-12 Carving 10:15-11:15 <u>Fit After 50</u> 12:00 Ice Cream Sundaes with lunch 	19	20 10-11 Yoga 10-12 Hand-stamped Cards w/ Linda	21 10-12 Knit/Crochet 10:15-11:15 <u>Fit After 50</u> Game Day: 11:30-1:30 11:15-12 Eat Smart, Live Strong	22 10-11:15 Line Dance	23 10:15-11:15 <u>Fit After 50</u> 10-12 Acrylic Painting	24
25 10-12 Carving 10:15-11:15 <u>Fit After 50</u>	26	27 10-11 Yoga	28 10-12 Knit/Crochet 10:15-11:15 <u>Fit After 50</u> 11:15-12 Eat Smart, Live Strong 1-2 Penny Bingo			