



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pulled Pork on Wheat Bun Mailibu Veg Blend Sweet Corn Applesauce Cup Milk Total Carbohydrates 86	5 Beef Pepper Patty w/Gravy 5 Garlic Mashed Potatoes 10 Peas & Carrots 15 Fresh Fruit 11 Dinner Roll Milk Sorbet Total Carbohydrates 91	6 Chicken Drumsticks (2) 20 Au Gratin Potatoes 10 Midori Veg Blend 15 Mandarin & Pineapples 15 Dinner Roll 11 Milk 10 Sorbet Total Carbohydrates 91	7 Vegetable Lasagna 20 Country Green Beans w/Ham 5 Hot Spiced Apples 15 Dinner Roll 15 Milk 11 Milk Total Carbohydrates 76	8 Stuffed Cabbage 5 Red Potatoes 20 Peas 15 Fresh Fruit 11 Dinner Roll 11 Milk Cookie Total Carbohydrates 96
BBQ Boneless Chicken Wings(4) w/Ranch Dip Cup Au Gratin Potatoes Mixed Veggies Dinner Roll Fresh Fruit Milk Total Carbohydrates 90	12 Goulash Zucchini 20 Garden Salad 15 Pineapple Tidbits 15 Dinner Roll 15 Milk 11 Pudding Total Carbohydrates 97	13 Chicken Patty on Hamburger Bun 26 w/Lettuce & Tomato 5 Veg Blend 15 Brussels Sprouts 15 Tropical Fruit Salad 11 Milk 25 Milk Total Carbohydrates 97	14 Willey Potato (Baked Potato with 5 Hamburger & Mushroom Gravy) 5 Broccoli 5 Garden Salad 15 Fresh Fruit 11 Dinner Roll Milk Total Carbohydrates 76	15 Sloppy Joes on Hamburger Bun Scalloped Potatoes Diced Carrots Fresh Fruit Milk Cookie Total Carbohydrates 96
Pollock Fillet w/fatar sauce Scalloped Potatoes Green Beans Fresh Fruit Dinner Roll Milk Total Carbohydrates 79	13 Beef Bites 20 w/Honey Mustard Dip cup 5 Sweet Potato Casserole 15 Sugar Snap Peas 15 Sliced Pears 11 Milk Cookie Total Carbohydrates 91	15 Swedish Meatballs (6) over Brown Rice 25 California Veg Blend 10 Stewed Tomatoes 15 Fresh Fruit 11 Dinner Roll 15 Milk 15 Milk Total Carbohydrates 91	22 Breaded Chicken Tenders (3) 5 w/Ranch Dip Cup 5 O'Brien Potatoes 10 Broccoli 15 Fresh Fruit 15 Dinner Roll 11 Milk Total Carbohydrates 81	23 Teriyaki Chicken Breast w/Swiss 5 on Whole Wheat Bun 20 Peas & Carrots 10 Garden Salad 15 Cranberry Apples 15 Milk 11 Milk Cookie Total Carbohydrates 81
Pulled Chicken & Gravy Mashed Potatoes Broccoli Applesauce Cup Dinner Roll Milk Total Carbohydrates 75	9 Scalloped Potatoes w/Turkey Ham 20 Green Beans 5 Diced Carrots 15 Fresh Fruit 15 Dinner Roll 11 Milk Birthday Cake Total Carbohydrates 101	28 Salisbury Steak w/Mushroom Gravy 5 Mashed Potatoes 5 Peas & Pearl Onions 15 Mandarin & Pineapple Mix 15 Dinner Roll 11 Milk 20 Milk Total Carbohydrates 101	29 Beef Ravioli w/Marinar Sauce 20 Cauliflower 10 Green Beans 15 Dinner Roll 15 Fresh Fruit 11 Milk Total Carbohydrates 91	30 Beef Hot Dog on Bun 5 (Topped with chopped onions) 5 Baked Beans 15 Veg Blend 15 Milk 11 Milk Apple Pie Total Carbohydrates 97

Menus approved by:

[Signature]

* Substitutions may be made if needed